

1ª Rústica da Medianeira 2023

5KM - Distância Real: 4.5KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|--------------------------------------|---------------------------------|
| 1 | 1 | 1 | 00:16:10.130 | 03:35 | 519 | M | Alexandre Bauer | Gofit Assessoria Esportiva |
| 2 | 2 | 1 | 00:16:26.138 | 03:39 | 398 | M | Matheus Da Rocha Machado | Sem Equipe |
| 3 | 3 | 2 | 00:16:45.634 | 03:43 | 537 | M | Leandro Kuffner De Moraes | Dentinhos Runners |
| 4 | 4 | 1 | 00:17:43.386 | 03:56 | 457 | M | Gustavo Nunes | Lets Go Runner |
| 5 | 5 | 1 | 00:17:47.172 | 03:57 | 344 | M | Matheus Garcia Bronzoni | Matheus Bronzoni |
| 6 | 6 | 1 | 00:18:13.159 | 04:02 | 650 | M | Elian Gabriel Auler | |
| 7 | 1 | 1 | 00:18:20.883 | 04:04 | 497 | F | Daniele Trevisan Sbeghen | Sem Equipe |
| 8 | 7 | 2 | 00:18:22.886 | 04:05 | 380 | M | Anderson Souza Carvalho | Santa Maria |
| 9 | 8 | 2 | 00:18:53.135 | 04:11 | 473 | M | Wagner De Assis Niederauer Rodrigues | Pro Elite Assessoria Esportiva |
| 10 | 9 | 3 | 00:18:54.397 | 04:12 | 394 | M | Leandro Da Silva Roubuste | Gofit Assessoria Esportiva |
| 11 | 10 | 1 | 00:18:56.384 | 04:12 | 314 | M | Fabio Savian Correa | Gofit Assessoria Esportiva |
| 12 | 11 | 1 | 00:18:59.146 | 04:13 | 632 | M | Sandro Luiz Dreifke | Dentinho |
| 13 | 12 | 4 | 00:19:14.384 | 04:16 | 540 | M | Gilvan Ribeiro | - |
| 14 | 13 | 5 | 00:19:20.137 | 04:17 | 400 | M | Renato Mello Casagrande | |
| 15 | 14 | 3 | 00:19:20.900 | 04:17 | 467 | M | Roberson Abadie Furquim | Ítalo Ribeiro Assessoria |
| 16 | 15 | 2 | 00:19:30.637 | 04:20 | 333 | M | Claiton Gisnei Oliveira Dutra Junior | Sem Equipe |
| 17 | 2 | 1 | 00:19:30.888 | 04:20 | 434 | F | Tais Fernandes Amaral | Gofit Assessoria Esportiva |
| 18 | 16 | 6 | 00:19:34.634 | 04:21 | 392 | M | Iuri Efel Garin | Gofit Assessoria Esportiva |
| 19 | 17 | 2 | 00:19:39.896 | 04:22 | 312 | M | ABNNER YURI CARDOSO MACHADO | Camobi Em Movimento |
| 20 | 3 | 1 | 00:19:42.885 | 04:22 | 311 | F | endelyn cesar lutz | Pro Elite Assessoria Esportiva |
| 21 | 4 | 1 | 00:19:43.385 | 04:22 | 570 | F | Valdete Machado Loureiro | Gofit Assessoria Esportiva |
| 22 | 18 | 7 | 00:19:47.135 | 04:23 | 378 | M | Alessandro Martins Ancini | Gofit Assessoria Esportiva |
| 23 | 19 | 8 | 00:19:51.000 | 04:24 | 402 | M | Tainan Lima Cardozo | Camobi Em Movimento |
| 24 | 20 | 3 | 00:20:00.135 | 04:26 | 527 | M | Fabiano Gonçalves Da Silva | Ítalo Ribeiro Assessoria |
| 25 | 21 | 1 | 00:20:00.888 | 04:26 | 576 | M | Dante Abreu Guidalli | Dante |
| 26 | 22 | 3 | 00:20:01.388 | 04:26 | 336 | M | Gabriel Rodrigues Dias | Pro Elite Assessoria Esportiva |
| 27 | 23 | 3 | 00:20:02.396 | 04:27 | 317 | M | Joao Arthur Bitencourt Zimmermann | Zonta Runners |
| 28 | 24 | 4 | 00:20:07.138 | 04:28 | 338 | M | GIOVANE ALVES MORO | |
| 29 | 25 | 4 | 00:20:21.000 | 04:31 | 444 | M | Carlos Eduardo Ribeiro Machado | Cm Perícia E Consultoria Contáb |
| 30 | 26 | 5 | 00:20:22.138 | 04:31 | 466 | M | Márcio Viera | Gofit Assessoria Esportiva |
| 31 | 27 | 6 | 00:20:23.624 | 04:31 | 451 | M | Diego Bortoluzzi | Gofit Assessoria Esportiva |
| 32 | 28 | 7 | 00:20:25.389 | 04:32 | 462 | M | Jorge Gustavo De Oliveira Da Silva | Gofit Assessoria Esportiva |
| 33 | 29 | 4 | 00:20:26.150 | 04:32 | 546 | M | Rodrigo Padilha Vieira | Gofit Assessoria Esportiva |
| 34 | 30 | 8 | 00:20:31.384 | 04:33 | 449 | M | Daniel Rossi | Fênix Go Running |
| 35 | 31 | 4 | 00:20:38.890 | 04:35 | 318 | M | Luis Felipe Goncalves Vieira | |
| 36 | 32 | 5 | 00:20:40.641 | 04:35 | 529 | M | Fabricio Santos Trindade | Pro Elite Assessoria Esportiva |
| 37 | 33 | 9 | 00:20:48.900 | 04:37 | 465 | M | Matheus Martins Pinto | Gofit Assessoria Esportiva |
| 38 | 34 | 2 | 00:20:53.934 | 04:38 | 584 | M | Mauro Cesar Maggio Stürmer | Gofit Assessoria Esportiva |
| 39 | 5 | 2 | 00:20:58.396 | 04:39 | 428 | F | Raquel Da Luz Nogueira | Ítalo Ribeiro Assessoria |
| 40 | 35 | 9 | 00:21:00.140 | 04:40 | 379 | M | Alesson Alberi Peripolli Ribas | ACORRESS |
| 41 | 36 | 5 | 00:21:03.644 | 04:40 | 346 | M | Ricardo Marques | |
| 42 | 37 | 10 | 00:21:04.418 | 04:40 | 455 | M | Fabiano Fernandes Da Silva | Individual |
| 43 | 6 | 3 | 00:21:06.638 | 04:41 | 438 | F | Valdileia Barros De Moura Pietro | Pro Elite Assessoria Esportiva |
| 44 | 38 | 3 | 00:21:07.640 | 04:41 | 589 | M | Robinson Marcos Garcia | Força Verde - 2ºbamb |
| 45 | 39 | 1 | 00:21:09.893 | 04:42 | 645 | M | Josemir Pereira Da Silva | Mercado Italiano |
| 46 | 40 | 6 | 00:21:10.398 | 04:42 | 543 | M | Ricardo Mendes Mendonca | Individual |
| 47 | 41 | 1 | 00:21:11.146 | 04:42 | 609 | M | Marco Aurelio Gehres | Fênix Go Running |
| 48 | 42 | 2 | 00:21:16.635 | 04:43 | 605 | M | Fernando Alberto Bohrer Filho | Evont Contabilidade |

1ª Rústica da Medianeira 2023

5KM - Distância Real: 4.5KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|----------------------------------|--------------------------------|
| 49 | 43 | 2 | 00:21:19.128 | 04:44 | 624 | M | Adriano Oliveira Franca | UCRSM |
| 50 | 44 | 11 | 00:21:30.637 | 04:46 | 454 | M | Douglas Lom Lorentz Martins | Pro Elite Assessoria Esportiva |
| 51 | 45 | 10 | 00:21:34.406 | 04:47 | 390 | M | Guilherme Caetano Frasson | Pro Elite Assessoria Esportiva |
| 52 | 46 | 3 | 00:21:39.901 | 04:48 | 629 | M | Luciano Trentin | UCRSM |
| 53 | 7 | 2 | 00:21:40.652 | 04:49 | 482 | F | Angelita Corrêa Braga | Santa Maria |
| 54 | 47 | 2 | 00:21:43.389 | 04:49 | 641 | M | Antonio Carlos Machado Barbosa | Individual |
| 55 | 48 | 4 | 00:21:43.395 | 04:49 | 577 | M | Edinardo Cardozo Rodrigues | Crossfit Vento Norte |
| 56 | 49 | 7 | 00:21:49.138 | 04:50 | 532 | M | Giovani Bazzan | |
| 57 | 50 | 12 | 00:21:51.145 | 04:51 | 471 | M | Tiago Vernier Ribeiro | Individual |
| 58 | 51 | 11 | 00:22:04.896 | 04:54 | 381 | M | Andre Luis Tischler | |
| 59 | 52 | 3 | 00:22:05.659 | 04:54 | 607 | M | Jose Luis Cogo | |
| 60 | 53 | 13 | 00:22:07.644 | 04:55 | 470 | M | Rodrigo Campos dos Santos | Pro Elite Assessoria Esportiva |
| 61 | 8 | 3 | 00:22:14.892 | 04:56 | 494 | F | Cleide Fraga Cardoso | Pro Elite Assessoria Esportiva |
| 62 | 54 | 5 | 00:22:14.904 | 04:56 | 581 | M | Gustavo Medeiros Rodrigues | - |
| 63 | 55 | 6 | 00:22:16.155 | 04:56 | 339 | M | Guilherme Tomazetti | |
| 64 | 56 | 12 | 00:22:16.646 | 04:57 | 399 | M | Patrick Freitas De Sousa | Mov Or Die |
| 65 | 57 | 5 | 00:22:16.651 | 04:57 | 320 | M | Ruan Hasselmann Da Silva | Gofit Assessoria Esportiva |
| 66 | 58 | 6 | 00:22:18.402 | 04:57 | 572 | M | Alexandro De Oliveira Carvalho | Bufalos |
| 67 | 59 | 7 | 00:22:25.143 | 04:58 | 343 | M | Mateus Braga Gonçalves Cardoso | |
| 68 | 60 | 8 | 00:22:25.408 | 04:58 | 340 | M | Jean Rosatto | |
| 69 | 9 | 4 | 00:22:26.000 | 04:59 | 436 | F | Tatiana Kohls | Pro Elite Assessoria Esportiva |
| 70 | 61 | 8 | 00:22:27.898 | 04:59 | 520 | M | Bruno Cattelam Dell Aglio | Sem Equipe |
| 71 | 62 | 4 | 00:22:31.393 | 05:00 | 610 | M | Pedro Fabricio Xavier | |
| 72 | 10 | 5 | 00:22:32.389 | 05:00 | 432 | F | Simara Virue | Gofit Assessoria Esportiva |
| 73 | 63 | 9 | 00:22:33.642 | 05:00 | 523 | M | Diogo Schirmer Avila | Buffalos Team |
| 74 | 64 | 10 | 00:22:34.638 | 05:01 | 524 | M | Eduardo Buchmann Godinho | UCRSM |
| 75 | 65 | 14 | 00:22:36.379 | 05:01 | 461 | M | Jonas Tibola | Pro Elite Assessoria Esportiva |
| 76 | 66 | 7 | 00:22:36.381 | 05:01 | 579 | M | Francico Queruz | Gofit Assessoria Esportiva |
| 77 | 67 | 11 | 00:22:43.649 | 05:03 | 531 | M | Giovane Bastos Orso | Bufalos Team |
| 78 | 11 | 1 | 00:22:43.652 | 05:03 | 618 | F | Lisiane De Fatima Bedin | Pro Elite Assessoria Esportiva |
| 79 | 68 | 6 | 00:22:44.000 | 05:03 | 319 | M | Luis Fernando De Castro | |
| 80 | 69 | 12 | 00:22:45.393 | 05:03 | 528 | M | Fabio Pacheco Menezes | Ecosanta |
| 81 | 12 | 4 | 00:22:48.904 | 05:04 | 501 | F | Iris Rissi Mesquita Cerqueira | Ítalo Ribeiro Assessoria |
| 82 | 70 | 9 | 00:22:52.142 | 05:04 | 342 | M | Luciano De Barcelos Soares | Gofit Assessoria Esportiva |
| 83 | 71 | 5 | 00:22:52.649 | 05:05 | 612 | M | Rogério Oliveira Hoffmann | 3 Gac Ap |
| 84 | 72 | 3 | 00:22:54.400 | 05:05 | 644 | M | Hermann Lang Neto | |
| 85 | 73 | 15 | 00:22:55.141 | 05:05 | 464 | M | Marcel Wrague Medeiros | Ítalo Ribeiro Assessoria |
| 86 | 13 | 6 | 00:22:56.000 | 05:05 | 414 | F | Daiana Tais Richter | Daiana |
| 87 | 74 | 10 | 00:22:58.142 | 05:06 | 345 | M | Patrick August Mertin | Ítalo Ribeiro Assessoria |
| 88 | 14 | 5 | 00:22:59.149 | 05:06 | 515 | F | Silvana Gonçalves De Almeida | Pro Elite Assessoria Esportiva |
| 89 | 15 | 7 | 00:22:59.656 | 05:06 | 412 | F | Carolina Meyne Flores Savoldi | Cento Norte |
| 90 | 16 | 2 | 00:23:02.643 | 05:07 | 565 | F | Luciana Aparecida Carlos Ribeiro | |
| 91 | 75 | 13 | 00:23:02.658 | 05:07 | 391 | M | Guilherme Cortez | Gofit Assessoria Esportiva |
| 92 | 76 | 16 | 00:23:03.903 | 05:07 | 443 | M | Carlos Alberto Uberti Vianna | Go - Pro |
| 93 | 77 | 14 | 00:23:04.392 | 05:07 | 395 | M | Lucas Ramos De Araujo | Pulse Academia |
| 94 | 17 | 1 | 00:23:07.644 | 05:08 | 371 | F | Lucielli Raminelli | Pro Elite Assessoria Esportiva |
| 95 | 78 | 13 | 00:23:07.902 | 05:08 | 535 | M | Jorge Alan De Loreto Walmarth | Pro Elite Assessoria Esportiva |
| 96 | 18 | 3 | 00:23:08.148 | 05:08 | 568 | F | Mauren Picada Emanuelli | Gofit Assessoria Esportiva |

1ª Rústica da Medianeira 2023

5KM - Distância Real: 4.5KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|---|--------------------------------|
| 97 | 79 | 17 | 00:23:08.409 | 05:08 | 469 | M | Roberto Schoproni Bichueti | Gofit Assessoria Esportiva |
| 98 | 19 | 6 | 00:23:10.146 | 05:08 | 481 | F | Andressa Silva Porto | Pro Elite Assessoria Esportiva |
| 99 | 20 | 2 | 00:23:10.152 | 05:08 | 354 | F | Camila Goncalves Martins | Windfit |
| 100 | 80 | 14 | 00:23:11.161 | 05:09 | 518 | M | Adriano Costenaro | Gofit Assessoria Esportiva |
| 101 | 21 | 7 | 00:23:16.403 | 05:10 | 474 | F | Alessandra Acosta Carneiro | Pro Elite Assessoria Esportiva |
| 102 | 22 | 8 | 00:23:23.138 | 05:11 | 475 | F | Aliane Abadie Furquim | Ítalo Ribeiro Assessoria |
| 103 | 81 | 15 | 00:23:26.892 | 05:12 | 547 | M | Tiago Braida Sabidussi | |
| 104 | 82 | 16 | 00:23:27.141 | 05:12 | 539 | M | Marcelo Nascimento Dias Coffy | |
| 105 | 23 | 4 | 00:23:29.912 | 05:13 | 558 | F | Fernanda Lozza | Pro Elite Assessoria Esportiva |
| 106 | 24 | 3 | 00:23:40.657 | 05:15 | 348 | F | Alessandra Gomes Niederauer | |
| 107 | 25 | 2 | 00:23:42.401 | 05:16 | 304 | F | Cecília Matos Fialho | Gofit Assessoria Esportiva |
| 108 | 83 | 2 | 00:23:42.697 | 05:16 | 651 | M | Lorenzo Menecozi Silveira | Pro Elite Assessoria Esportiva |
| 109 | 26 | 1 | 00:23:43.160 | 05:16 | 597 | F | Mara Adriana Jauer | |
| 110 | 27 | 8 | 00:23:48.895 | 05:17 | 408 | F | Ana Maria Saccol Martins | |
| 111 | 84 | 11 | 00:23:56.640 | 05:19 | 347 | M | Samer Muhamad Shnainah | |
| 112 | 85 | 18 | 00:23:59.399 | 05:19 | 468 | M | Roberto Borges Lisboa | |
| 113 | 28 | 9 | 00:24:04.149 | 05:20 | 413 | F | Cristiane De Avila Canabarro | Ítalo Ribeiro Assessoria |
| 114 | 86 | 6 | 00:24:05.414 | 05:21 | 614 | M | Sérgio Augusto Pinto Rodrigues | Gofit Assessoria Esportiva |
| 115 | 87 | 8 | 00:24:06.648 | 05:21 | 580 | M | Frederico Valente Pagliarin | Pro Elite Assessoria Esportiva |
| 116 | 29 | 9 | 00:24:08.897 | 05:21 | 489 | F | Caroline Do Amaral Friggi Rodrigues | Gofit Assessoria Esportiva |
| 117 | 88 | 15 | 00:24:09.152 | 05:22 | 397 | M | Mateus De Brito Nagel | Ítalo Ribeiro Assessoria |
| 118 | 89 | 4 | 00:24:11.896 | 05:22 | 625 | M | Carlos Roberto Ceron Viero | Camobi Em Movimento |
| 119 | 30 | 10 | 00:24:12.147 | 05:22 | 516 | F | Viviane Flores De Almeida Hennig | Pro Elite Assessoria Esportiva |
| 120 | 90 | 9 | 00:24:19.398 | 05:24 | 574 | M | Brantan Cezar Abbady Chagas | Unidos Do Debug |
| 121 | 91 | 10 | 00:24:23.896 | 05:25 | 588 | M | Paulo Eduardo Pereira | Individual |
| 122 | 31 | 1 | 00:24:24.648 | 05:25 | 327 | F | Heidi Maria Souza Budde Menegon | Gofit Assessoria Esportiva |
| 123 | 92 | 11 | 00:24:27.149 | 05:26 | 575 | M | Claudio Brum Pretto | Gofit Assessoria Esportiva |
| 124 | 32 | 4 | 00:24:33.657 | 05:27 | 361 | F | Fabiane Dias De Bitencourt | Asena |
| 125 | 93 | 7 | 00:24:34.898 | 05:27 | 613 | M | Ronaldo De Lima De Vargas | Gofit Assessoria Esportiva |
| 126 | 33 | 11 | 00:24:35.647 | 05:27 | 507 | F | Luciana Morales Farias Bisogno | Gofit Assessoria Esportiva |
| 127 | 94 | 17 | 00:24:36.647 | 05:28 | 521 | M | Clovis Machado Leao Neto | |
| 128 | 95 | 12 | 00:24:37.900 | 05:28 | 582 | M | Jeferson Pires Da Silva | Gofit Assessoria Esportiva |
| 129 | 96 | 5 | 00:24:37.902 | 05:28 | 626 | M | Christian Böge | Gofit Assessoria Esportiva |
| 130 | 34 | 10 | 00:24:38.655 | 05:28 | 421 | F | Elisangela Ferreira Da Silva | Ítalo Ribeiro Assessoria |
| 131 | 97 | 19 | 00:24:39.159 | 05:28 | 472 | M | Wagner Comin Brondani | Academia Nitro |
| 132 | 35 | 2 | 00:24:39.430 | 05:28 | 620 | F | Rosa Maria De Barros Cezar | Ítalo Ribeiro Assessoria |
| 133 | 98 | 6 | 00:24:45.399 | 05:30 | 628 | M | Lauricio Menezes Chaves | Pro Elite Assessoria Esportiva |
| 134 | 36 | 5 | 00:24:48.908 | 05:30 | 550 | F | Ana Paula Seerig | |
| 135 | 37 | 5 | 00:24:49.161 | 05:30 | 369 | F | Larisse Gomes De | |
| 136 | 38 | 11 | 00:24:49.665 | 05:31 | 430 | F | Shaiana Martins Machado Medeiros | Bufalos Team |
| 137 | 99 | 16 | 00:24:55.145 | 05:32 | 384 | M | Brian De Toledo Scheis | |
| 138 | 100 | 17 | 00:24:57.142 | 05:32 | 405 | M | Willian Nunes De Vargas | Bufalos Team |
| 139 | 101 | 18 | 00:24:58.143 | 05:32 | 544 | M | Rodrigo De Menezes Ferigolo | Grupo De Corrida Up |
| 140 | 39 | 2 | 00:24:58.143 | 05:32 | 601 | F | Renata Mezomo Soccal | Pro Elite Assessoria Esportiva |
| 141 | 102 | 18 | 00:25:03.899 | 05:34 | 396 | M | Luiz Antonio Goncalves Rodrigues Junior | Unidos Do Debug |
| 142 | 103 | 8 | 00:25:09.393 | 05:35 | 611 | M | Rodrigo Ritzel | Gofit Assessoria Esportiva |
| 143 | 104 | 19 | 00:25:14.152 | 05:36 | 377 | M | Adriano Mayca | Bora Correr |
| 144 | 105 | 7 | 00:25:15.652 | 05:36 | 630 | M | Rodrigo Lima Soccal | Policia Civil Rs |

1ª Rústica da Medianeira 2023

5KM - Distância Real: 4.5KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|-------------------------------------|--------------------------------|
| 145 | 40 | 6 | 00:25:17.645 | 05:37 | 563 | F | Laura Barreto de Melo | Gofit Assessoria Esportiva |
| 146 | 41 | 7 | 00:25:17.899 | 05:37 | 557 | F | Fabiane Goncalves da costa | Pro Elite Assessoria Esportiva |
| 147 | 42 | 8 | 00:25:24.394 | 05:38 | 556 | F | Elisiane Alves Rolim | Pro Elite Assessoria Esportiva |
| 148 | 106 | 20 | 00:25:34.909 | 05:41 | 460 | M | Jefferson Hoffmann | Fo Fit |
| 149 | 43 | 6 | 00:25:36.141 | 05:41 | 365 | F | Jamille Farias | Gofit Assessoria Esportiva |
| 150 | 107 | 19 | 00:25:37.641 | 05:41 | 549 | M | Vinicius Hilbig Lucas | CT Medianeira |
| 151 | 44 | 12 | 00:25:37.903 | 05:41 | 511 | F | Mônica De Medeiros Silva | |
| 152 | 45 | 7 | 00:25:38.150 | 05:41 | 350 | F | Aline dos Santos | Pro Elite Assessoria Esportiva |
| 153 | 46 | 12 | 00:25:41.145 | 05:42 | 426 | F | PAOLA DE AZEVEDO MELLO | Ideia Fixa |
| 154 | 47 | 8 | 00:25:41.409 | 05:42 | 352 | F | Barbara Daniela Da Rosa Duarte | Sem Equipe |
| 155 | 48 | 13 | 00:25:43.890 | 05:43 | 486 | F | Carla Tais Azevedo Fornazari | |
| 156 | 49 | 9 | 00:25:46.139 | 05:43 | 551 | F | Andreia Borges | Ítalo Ribeiro Assessoria |
| 157 | 50 | 13 | 00:25:46.408 | 05:43 | 431 | F | Shaianne Lourenco Linhares | |
| 158 | 51 | 3 | 00:25:47.413 | 05:43 | 619 | F | Monica Roberts De Melo | Individual |
| 159 | 52 | 10 | 00:25:48.159 | 05:44 | 567 | F | Marcia Da Costa Lopes | Ítalo Ribeiro Assessoria |
| 160 | 53 | 14 | 00:25:49.640 | 05:44 | 505 | F | Luciana Bianchi Lourenco | Ítalo Ribeiro Assessoria |
| 161 | 54 | 11 | 00:25:59.908 | 05:46 | 569 | F | Simone Sartori Mello | Pro Elite Assessoria Esportiva |
| 162 | 108 | 20 | 00:26:05.146 | 05:47 | 403 | M | Vinicius Costabeber Guerino | Gofit Assessoria Esportiva |
| 163 | 55 | 1 | 00:26:11.141 | 05:49 | 633 | F | Elenir Alves Da Silva | - |
| 164 | 109 | 13 | 00:26:11.895 | 05:49 | 586 | M | NEWTON ROBERTO FLORES JUNIOR | Santhay Runners |
| 165 | 56 | 2 | 00:26:13.145 | 05:49 | 330 | F | Luiza Prevedello Giuliani | Gofit Assessoria Esportiva |
| 166 | 57 | 15 | 00:26:19.133 | 05:50 | 483 | F | Bianca C. L. Munareto Queruz | Gofit Assessoria Esportiva |
| 167 | 110 | 20 | 00:26:19.133 | 05:50 | 534 | M | Giuliano De Andrade Cancian | Gofit Assessoria Esportiva |
| 168 | 58 | 16 | 00:26:19.134 | 05:50 | 495 | F | Cristiele Caldeira | Vento Norte |
| 169 | 59 | 9 | 00:26:19.649 | 05:51 | 363 | F | Gabriela Pereira Melo | Gofit Assessoria Esportiva |
| 170 | 111 | 8 | 00:26:20.891 | 05:51 | 627 | M | Eden Santos De Mello | Aacsm |
| 171 | 60 | 17 | 00:26:21.393 | 05:51 | 513 | F | Patricia Bastianello Campagnol | Ítalo Ribeiro Assessoria |
| 172 | 61 | 3 | 00:26:26.642 | 05:52 | 321 | F | Ana Laura Aita Xavier | Gofit Assessoria Esportiva |
| 173 | 112 | 21 | 00:26:33.895 | 05:54 | 536 | M | Juliano Aita Da Silva | Bewel |
| 174 | 62 | 18 | 00:26:38.395 | 05:55 | 478 | F | Aline Siqueira | Pro Elite Assessoria Esportiva |
| 175 | 63 | 10 | 00:26:40.905 | 05:55 | 375 | F | Thais Bordin Anelli | Abba |
| 176 | 113 | 21 | 00:26:41.150 | 05:55 | 386 | M | Carlos Eduardo Costenaro Dos Santos | Gofit Assessoria Esportiva |
| 177 | 114 | 21 | 00:26:46.149 | 05:56 | 450 | M | Daniel Zanini | Bora Correr |
| 178 | 115 | 4 | 00:26:47.893 | 05:57 | 642 | M | Antonio Luis Rodrigues Pereira | Motomaratouristas |
| 179 | 64 | 19 | 00:26:52.903 | 05:58 | 485 | F | Camile Araujo | Ítalo Ribeiro Assessoria |
| 180 | 116 | 22 | 00:27:01.398 | 06:00 | 456 | M | Givago Bitencourte Ribeiro | Asena |
| 181 | 65 | 3 | 00:27:02.000 | 06:00 | 309 | F | Milena Oliari | |
| 182 | 66 | 14 | 00:27:02.000 | 06:00 | 429 | F | Ravele Bueno Goularte | Gofit Assessoria Esportiva |
| 183 | 67 | 11 | 00:27:03.143 | 06:00 | 360 | F | Elisandra Santos Da Rosa | Fênix Go Running |
| 184 | 117 | 14 | 00:27:03.394 | 06:00 | 591 | M | RODRIGO MACHADO DA ROSA | Pro Elite Assessoria Esportiva |
| 185 | 68 | 12 | 00:27:05.396 | 06:01 | 555 | F | Eliana Da Costa Pereira De Menezes | Gofit Assessoria Esportiva |
| 186 | 69 | 15 | 00:27:05.893 | 06:01 | 420 | F | Diéssica Zacarias Vargas Lopes | Gofit Assessoria Esportiva |
| 187 | 70 | 3 | 00:27:07.396 | 06:01 | 600 | F | Neiva Bohmer | Fênix |
| 188 | 118 | 15 | 00:27:11.159 | 06:02 | 592 | M | Ronie Elton Gabbi | |
| 189 | 119 | 23 | 00:27:11.162 | 06:02 | 458 | M | Inacio Lopes De Bittencourt Filho | Sem Equipe |
| 190 | 71 | 2 | 00:27:18.651 | 06:04 | 640 | F | Neuza Mattioni Prado | Pro Elite Assessoria Esportiva |
| 191 | 72 | 4 | 00:27:19.153 | 06:04 | 602 | F | Tatiana Scheibe Barnewitz | Ítalo Ribeiro Assessoria |
| 192 | 73 | 20 | 00:27:24.147 | 06:05 | 477 | F | Aline Gomes Graeff | Fênix Go Running |

1ª Rústica da Medianeira 2023

5KM - Distância Real: 4.5KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|-----------------------------------|--------------------------------|
| 193 | 74 | 4 | 00:27:24.148 | 06:05 | 303 | F | Camile Chagas | Motriz Academia |
| 194 | 75 | 21 | 00:27:26.656 | 06:05 | 512 | F | Nathalia Haydee Riveros Ciancio | Pro Elite Assessoria Esportiva |
| 195 | 76 | 22 | 00:27:27.656 | 06:06 | 491 | F | Cintia Pereira Bezerra Staudt | Pro Elite Assessoria Esportiva |
| 196 | 120 | 22 | 00:27:29.145 | 06:06 | 525 | M | Elvis Carissimi | |
| 197 | 121 | 23 | 00:27:30.653 | 06:06 | 533 | M | Giovani Da Silva Bergoli | Pro Elite Assessoria Esportiva |
| 198 | 77 | 23 | 00:27:34.651 | 06:07 | 503 | F | Laura Patricia Da Luz | Pro Elite Assessoria Esportiva |
| 199 | 78 | 3 | 00:27:42.399 | 06:09 | 636 | F | Mara Lucia Almeida Bettinardi | Gofit Assessoria Esportiva |
| 200 | 79 | 5 | 00:27:42.902 | 06:09 | 594 | F | Giovanna Bonella Barros | Gofit Assessoria Esportiva |
| 201 | 80 | 24 | 00:27:50.410 | 06:11 | 492 | F | Clarissa Giacomelli Berni | Gofit Assessoria Esportiva |
| 202 | 81 | 4 | 00:27:52.396 | 06:11 | 635 | F | Eva Abadie | Ítalo Ribeiro Assessoria |
| 203 | 122 | 24 | 00:27:54.406 | 06:12 | 522 | M | Cristiano De Souza Dorneles | Gofit Assessoria Esportiva |
| 204 | 123 | 22 | 00:28:03.160 | 06:14 | 388 | M | Felipe Fagundes | |
| 205 | 82 | 12 | 00:28:08.643 | 06:15 | 367 | F | Jucieli Juli Bock | Academia Boa Forma |
| 206 | 124 | 23 | 00:28:11.642 | 06:15 | 383 | M | Andre Fonseca Marques | |
| 207 | 125 | 25 | 00:28:13.147 | 06:16 | 542 | M | Rafael Porciuncula Dias Da Costa | Lets Move |
| 208 | 83 | 25 | 00:28:13.412 | 06:16 | 504 | F | Lisiane Suarez Pinto | Atc |
| 209 | 84 | 4 | 00:28:16.905 | 06:17 | 324 | F | Daiana Rocha Da Silva | Gofit Assessoria Esportiva |
| 210 | 126 | 24 | 00:28:17.651 | 06:17 | 446 | M | Cristian Eber Buss Lenharth | |
| 211 | 85 | 13 | 00:28:23.901 | 06:18 | 373 | F | Paola Silveira Borin | Gofit Assessoria Esportiva |
| 212 | 86 | 26 | 00:28:31.396 | 06:20 | 506 | F | Luciana Cassel | . |
| 213 | 87 | 27 | 00:28:39.145 | 06:22 | 490 | F | Caroline Scherer Sperandio | Pro Elite Assessoria Esportiva |
| 214 | 127 | 7 | 00:29:08.149 | 06:28 | 313 | M | Eduardo Mello Martins | |
| 215 | 88 | 16 | 00:29:14.145 | 06:29 | 418 | F | Daniele Alves Branco Teixeira | |
| 216 | 128 | 25 | 00:29:14.885 | 06:29 | 459 | M | Jean Cleber Leal Teixeira | |
| 217 | 89 | 6 | 00:29:17.146 | 06:30 | 599 | F | Neila De Fátima Trentin | UCRSM |
| 218 | 90 | 7 | 00:29:17.660 | 06:30 | 595 | F | Iara Leonides Da Luz Dornelles | |
| 219 | 129 | 9 | 00:29:19.896 | 06:31 | 631 | M | Sandro Alex Da Cunha Teixeira | |
| 220 | 130 | 26 | 00:29:22.412 | 06:31 | 545 | M | Rodrigo Dutra Do Amaral | Gofit Assessoria Esportiva |
| 221 | 91 | 4 | 00:29:22.649 | 06:31 | 615 | F | Clarice Correa De Araujo | Gofit Assessoria Esportiva |
| 222 | 131 | 16 | 00:29:26.654 | 06:32 | 573 | M | Arleisandro Saldanha Silva | Fênix |
| 223 | 92 | 17 | 00:29:28.400 | 06:32 | 419 | F | Daniele Depra Ilha Lucas | CT Medianeira |
| 224 | 93 | 5 | 00:29:31.898 | 06:33 | 623 | F | Vanety Silva Rocha | Ítalo Ribeiro Assessoria |
| 225 | 94 | 6 | 00:29:41.896 | 06:35 | 622 | F | Tania Pozzer | Gofit Assessoria Esportiva |
| 226 | 95 | 28 | 00:29:45.145 | 06:36 | 510 | F | Mariziane Visentini Padoim | |
| 227 | 96 | 5 | 00:29:55.646 | 06:39 | 332 | F | Thayane Bisognin | |
| 228 | 97 | 5 | 00:29:57.151 | 06:39 | 305 | F | Dienifer Seibert Da Costa | Equipe De Corrida Up |
| 229 | 98 | 8 | 00:29:59.897 | 06:39 | 593 | F | Fernanda Maffi | Gofit Assessoria Esportiva |
| 230 | 99 | 9 | 00:30:09.900 | 06:42 | 596 | F | Jacqueline Bessow Machado | Pro Elite Assessoria Esportiva |
| 231 | 100 | 29 | 00:30:10.651 | 06:42 | 488 | F | Carolina Gressler Barbosa | Gofit Assessoria Esportiva |
| 232 | 101 | 30 | 00:30:11.655 | 06:42 | 509 | F | Marcela Marquezan | Gofit Assessoria Esportiva |
| 233 | 102 | 31 | 00:30:12.000 | 06:42 | 502 | F | Juliana Taschetto Scolari | Sem Equipe |
| 234 | 103 | 6 | 00:30:13.650 | 06:43 | 322 | F | Andriele Dutra Lopes | |
| 235 | 104 | 18 | 00:30:18.398 | 06:44 | 427 | F | Priscila Santos Belmiro Sabidussi | |
| 236 | 105 | 13 | 00:30:22.155 | 06:44 | 562 | F | Jane Terezinha Valau Da Silva | Pro Elite Assessoria Esportiva |
| 237 | 106 | 6 | 00:30:29.395 | 06:46 | 310 | F | Paula Köhler Carpilovsky | Gofit Assessoria Esportiva |
| 238 | 132 | 26 | 00:30:57.145 | 06:52 | 463 | M | Julio Cesar Lordes | Ítalo Ribeiro Assessoria |
| 239 | 107 | 7 | 00:31:12.897 | 06:56 | 326 | F | Greice Nielsen Gandor | Fênix |
| 240 | 108 | 14 | 00:31:17.647 | 06:57 | 564 | F | Lidiane Machado Marques | Ítalo Ribeiro Assessoria |

1ª Rústica da Medianeira 2023

5KM - Distância Real: 4.5KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|-------------------------------------|----------------------------------|
| 241 | 109 | 19 | 00:31:21.397 | 06:58 | 435 | F | Tatiana Dos Santos | Pro Elite Assessoria Esportiva |
| 242 | 110 | 32 | 00:31:24.397 | 06:58 | 498 | F | Debora Machado De Freitas | Ideia Fixa Acessoria Esportiva |
| 243 | 133 | 1 | 00:31:38.399 | 07:01 | 646 | M | Gilberto Fladimar Rodrigues Viana | Pro Elite Assessoria Esportiva |
| 244 | 111 | 20 | 00:31:39.898 | 07:02 | 417 | F | Daniela Oliveira Dornelles | |
| 245 | 112 | 14 | 00:31:40.150 | 07:02 | 370 | F | Loise Buchmann Cardoso | Gofit Assessoria Esportiva |
| 246 | 113 | 33 | 00:31:49.149 | 07:04 | 479 | F | Amanda Francine Asega | - |
| 247 | 114 | 5 | 00:31:51.898 | 07:04 | 637 | F | Marilene Barros De Moura | Ítalo Ribeiro Assessoria |
| 248 | 115 | 21 | 00:31:55.398 | 07:05 | 407 | F | Ana Carla Piovesan | Pro Elite Assessoria Esportiva |
| 249 | 116 | 34 | 00:31:58.410 | 07:06 | 480 | F | Ana Picolini | |
| 250 | 117 | 15 | 00:32:02.148 | 07:07 | 554 | F | Claudia Marisa Mendes Finger | Run Atc |
| 251 | 118 | 22 | 00:32:10.647 | 07:09 | 425 | F | Margarete De Fatima Dos Santos Dias | Ítalo Ribeiro Assessoria |
| 252 | 119 | 35 | 00:32:19.148 | 07:10 | 517 | F | Vivian Brandes Chamis | Centro De Treinamento Medianeira |
| 253 | 134 | 17 | 00:32:23.898 | 07:11 | 585 | M | Marcio Dos Santos Dutra | Smart Fit |
| 254 | 120 | 10 | 00:32:25.398 | 07:12 | 603 | F | Vanessa Tomazetti Mello | |
| 255 | 121 | 16 | 00:32:28.889 | 07:13 | 560 | F | Giovana Damian Barbara | Ítalo Ribeiro Assessoria |
| 256 | 135 | 2 | 00:32:31.153 | 07:13 | 647 | M | Rubens Vilhena Bettinardi | Gofit Assessoria Esportiva |
| 257 | 122 | 36 | 00:32:32.403 | 07:13 | 484 | F | Brenda Oliveira Da Silva Alberto | Gofit Assessoria Esportiva |
| 258 | 136 | 9 | 00:32:33.400 | 07:14 | 604 | M | Dilson Davila Alberto | |
| 259 | 123 | 7 | 00:32:34.648 | 07:14 | 306 | F | Giana Dias Baumart | Sem Equipe |
| 260 | 124 | 15 | 00:32:37.149 | 07:14 | 376 | F | Wilma Beatriz Gehres | Fênix Go Running |
| 261 | 125 | 8 | 00:32:46.399 | 07:16 | 329 | F | Kaliandra Padoin Bianchi | |
| 262 | 137 | 1 | 00:33:12.410 | 07:22 | 648 | M | Daverlan Dalla Lana Machado | |
| 263 | 126 | 23 | 00:33:12.654 | 07:22 | 409 | F | Bianca Spode Beltrame | Gofit Assessoria Esportiva |
| 264 | 127 | 37 | 00:33:13.412 | 07:22 | 493 | F | Claudia Dutra Da Silveira | |
| 265 | 138 | 24 | 00:33:15.657 | 07:23 | 401 | M | Ruan Zuchetto | |
| 266 | 139 | 27 | 00:33:16.652 | 07:23 | 548 | M | Vilceu Cardoso Niederauer | |
| 267 | 128 | 38 | 00:33:17.159 | 07:23 | 496 | F | Cristina Magalhaes Foletto Machado | Escola Medianeira |
| 268 | 129 | 39 | 00:33:17.918 | 07:23 | 499 | F | Ednara Vieira De Andrades | |
| 269 | 130 | 40 | 00:33:23.650 | 07:25 | 500 | F | Evelise De Oliveira Bolzan | Pro Elite Assessoria Esportiva |
| 270 | 140 | 3 | 00:33:24.655 | 07:25 | 653 | M | Vinicius Silveira Schmidt | |
| 271 | 131 | 24 | 00:33:43.399 | 07:29 | 416 | F | Daniela Friggi | |
| 272 | 132 | 25 | 00:33:43.651 | 07:29 | 423 | F | Fabiana Paim | Sem Equipe |
| 273 | 133 | 17 | 00:34:00.899 | 07:33 | 553 | F | Caren Viviane Chaves Teixeira | |
| 274 | 134 | 6 | 00:34:04.661 | 07:34 | 638 | F | Marta Cristina Freitas Pereira | Motomaratouristas |
| 275 | 135 | 16 | 00:34:14.910 | 07:36 | 358 | F | Daiane Rossi | Pro Elite Assessoria Esportiva |
| 276 | 136 | 9 | 00:34:37.902 | 07:41 | 331 | F | Mireli Josiane Fagundes Dos Santos | Nenhuma Equipe |
| 277 | 137 | 18 | 00:35:09.431 | 07:48 | 566 | F | Luciane Pasche Correa | Fênix Go Running |
| 278 | 138 | 11 | 00:35:10.911 | 07:49 | 598 | F | Marta Dias Baumart | Fênix _Go_Runnig |
| 279 | 139 | 17 | 00:35:29.402 | 07:53 | 359 | F | Deise Cagliari | Pro Elite Assessoria Esportiva |
| 280 | 140 | 18 | 00:35:31.413 | 07:53 | 374 | F | Stefani Fernanda Schumacher | Pro Elite Assessoria Esportiva |
| 281 | 141 | 12 | 00:35:54.655 | 07:58 | 334 | M | Eduardo Bardi | Gofit Assessoria Esportiva |
| 282 | 141 | 26 | 00:35:59.905 | 07:59 | 437 | F | Thais Da Silva Gularte | Gofit Assessoria Esportiva |
| 283 | 142 | 28 | 00:36:00.654 | 08:00 | 538 | M | Luis Henrique Alves Souza | Sem Equipe |
| 284 | 142 | 19 | 00:36:39.905 | 08:08 | 353 | F | Camila Cardozo Jobim | - |
| 285 | 143 | 7 | 00:36:54.404 | 08:12 | 616 | F | Izabel Oliveira | Fênix Go Running |
| 286 | 144 | 7 | 00:36:57.654 | 08:12 | 639 | F | Meri Elaine Ziani | |
| 287 | 145 | 19 | 00:37:20.406 | 08:17 | 559 | F | Gabriela Luz Saraiva | Ítalo Ribeiro Assessoria |
| 288 | 146 | 8 | 00:37:27.156 | 08:19 | 634 | F | Elsbeth Léia Spode Becker | Força Na Peruca |

Resultados Geral

21 de novembro de 2024

Cronometra Eventos Esportivos

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1ª Rústica da Medianeira 2023

5KM - Distância Real: 4.5KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|-------------------------|------------|
| 289 | 147 | 20 | 00:39:22.406 | 08:44 | 362 | F | Fernanda Moura Da Silva | Sem Equipe |

1ª Rústica da Medianeira 2023

3KM - Distância Real: 3KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|---------------------------------|---------------------------------|
| 1 | 1 | 1 | 00:08:58.383 | 02:59 | 15 | M | Daniel Klein Ortiz | Acessória De Corrida Daniel Ort |
| 2 | 2 | 1 | 00:09:24.385 | 03:08 | 116 | M | Rodrigo Franco Cezar | Gofit Assessoria Esportiva |
| 3 | 3 | 2 | 00:10:37.138 | 03:32 | 21 | M | Matheus Verfle | Pro Elite Assessoria Esportiv |
| 4 | 4 | 1 | 00:10:49.886 | 03:36 | 52 | M | Vinicius Hope | Ítalo Ribeiro Assessoria |
| 5 | 5 | 3 | 00:10:54.129 | 03:38 | 23 | M | PEDRO ABREU DOMINGUES | Gofit Assessoria Esportiva |
| 6 | 6 | 1 | 00:11:11.386 | 03:43 | 152 | M | Mauricio Garcia | Cia Dos Cavalos |
| 7 | 7 | 4 | 00:11:38.881 | 03:52 | 20 | M | Mateus Dos Santos Alves | Dentinhos Runners |
| 8 | 8 | 1 | 00:12:03.133 | 04:01 | 76 | M | Bernardo Passini Abelin | Pro Elite Assessoria Esportiv |
| 9 | 9 | 1 | 00:12:11.379 | 04:03 | 206 | M | Eduardo Carvalho Guastavino | Santa Maria |
| 10 | 10 | 2 | 00:12:17.634 | 04:05 | 145 | M | Alex Trindade | Ítalo Ribeiro Assessoria |
| 11 | 11 | 5 | 00:12:44.643 | 04:14 | 18 | M | Germano Stefani | Individual |
| 12 | 12 | 1 | 00:12:49.630 | 04:16 | 173 | M | Paulo Roberto Machado Calil | Dentinhos Runners/Unism |
| 13 | 13 | 1 | 00:12:57.386 | 04:19 | 193 | M | Volnei Fortes | Fênix Go Running |
| 14 | 14 | 3 | 00:13:27.883 | 04:29 | 151 | M | Gustavo Silveira Machado | Ítalo Ribeiro Assessoria |
| 15 | 15 | 2 | 00:13:29.640 | 04:29 | 51 | M | Vagner Dutra | |
| 16 | 16 | 2 | 00:13:42.630 | 04:34 | 191 | M | Rogério Lopes | Ítalo Ribeiro Assessoria |
| 17 | 17 | 4 | 00:13:51.873 | 04:37 | 154 | M | Thiago Barbosa De Souza | Pro Elite Assessoria Esportiv |
| 18 | 18 | 3 | 00:13:57.146 | 04:39 | 190 | M | Ricardo De Matos Lewandowski | Pro Elite Assessoria Esportiv |
| 19 | 1 | 1 | 00:14:05.640 | 04:41 | 219 | F | Luana Barbosa Taborda | - |
| 20 | 2 | 1 | 00:14:10.893 | 04:43 | 180 | F | Ronize Lampert Ferreira | Pro Elite Assessoria Esportiv |
| 21 | 3 | 1 | 00:14:11.634 | 04:43 | 165 | F | Marcia Nadir Rezende Auler | |
| 22 | 19 | 2 | 00:14:13.415 | 04:44 | 108 | M | Antonio Jardel Marques | Ítalo Ribeiro Assessoria |
| 23 | 20 | 2 | 00:14:24.135 | 04:48 | 77 | M | Dalvan Da Silva Pedroso | Ítalo Ribeiro Assessoria |
| 24 | 21 | 3 | 00:14:28.140 | 04:49 | 78 | M | Felipe Fernandes Desconsi | |
| 25 | 22 | 4 | 00:14:32.631 | 04:50 | 81 | M | Jeferson Favero Vieira | CT Medianeira |
| 26 | 23 | 2 | 00:14:36.385 | 04:52 | 170 | M | Adroir Garcia De Jesus | Pro Elite Assessoria Esportiv |
| 27 | 4 | 1 | 00:14:38.880 | 04:52 | 2 | F | Daiana Pegoraro | Ítalo Ribeiro Assessoria |
| 28 | 24 | 5 | 00:14:45.644 | 04:55 | 146 | M | Alexandro Worm Spall Lopes | Ítalo Ribeiro Assessoria |
| 29 | 5 | 1 | 00:14:52.632 | 04:57 | 91 | F | Ednara Vieira Konzen | Pro Elite Assessoria Esportiv |
| 30 | 25 | 6 | 00:14:53.392 | 04:57 | 16 | M | Fabio Diniz Dutra | |
| 31 | 26 | 7 | 00:15:02.638 | 05:00 | 14 | M | Daniel Buzanello | |
| 32 | 27 | 4 | 00:15:03.137 | 05:01 | 186 | M | Cristiano Dantas Mesquita | |
| 33 | 6 | 1 | 00:15:10.882 | 05:03 | 135 | F | Maiane Bitencourt Seibert | Pro Elite Assessoria Esportiv |
| 34 | 28 | 6 | 00:15:12.632 | 05:04 | 149 | M | Ezequiel Da Silva | Pro Elite Assessoria Esportiv |
| 35 | 29 | 3 | 00:15:15.645 | 05:05 | 117 | M | Sergio Augusto Correa Da Silva | Choque |
| 36 | 7 | 2 | 00:15:23.886 | 05:07 | 88 | F | Ana Paula Willaker Oliveira | Equipe Italo Ribeiro |
| 37 | 8 | 2 | 00:15:25.137 | 05:08 | 126 | F | Cristina Fernandes Andrades | Pro Elite Assessoria Esportiv |
| 38 | 9 | 1 | 00:15:39.134 | 05:13 | 58 | F | Andressa Machado Lehnhard | |
| 39 | 10 | 2 | 00:15:41.387 | 05:13 | 163 | F | Luciane Almeri Tabaldi | Pro Elite Assessoria Esportiv |
| 40 | 30 | 8 | 00:15:42.886 | 05:14 | 24 | M | Victor Brasil Kruel | Sem Equipe |
| 41 | 11 | 2 | 00:15:46.142 | 05:15 | 70 | F | Raissa Siqueira Da Luz | |
| 42 | 31 | 7 | 00:15:48.146 | 05:16 | 150 | M | Gilsemar Machado | Ítalo Ribeiro Assessoria |
| 43 | 12 | 2 | 00:15:51.633 | 05:17 | 12 | F | Paola De Oliveira Selau | Pro Elite Assessoria Esportiv |
| 44 | 32 | 9 | 00:15:55.635 | 05:18 | 22 | M | Mauro Ranieri De Oliveira Sells | |
| 45 | 33 | 1 | 00:15:56.884 | 05:18 | 210 | M | Raul Giovani Cezar Maxwell | Sem Equipe |
| 46 | 13 | 3 | 00:16:03.645 | 05:21 | 159 | F | Fernanda Pires Jaeger | Gofit Assessoria Esportiva |
| 47 | 34 | 3 | 00:16:06.387 | 05:22 | 171 | M | Anderson Prochnow | Nenhuma |
| 48 | 35 | 5 | 00:16:08.133 | 05:22 | 189 | M | Jorge Pozzobom | - |

1ª Rústica da Medianeira 2023

3KM - Distância Real: 3KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|--|-------------------------------|
| 49 | 36 | 4 | 00:16:08.389 | 05:22 | 115 | M | Robson Figueiredo De Oliveira | Fênix Go Running |
| 50 | 37 | 8 | 00:16:08.648 | 05:22 | 147 | M | Anderson Rangel Puiatti | |
| 51 | 38 | 5 | 00:16:09.154 | 05:23 | 113 | M | Henrique Bolzan | Gofit Assessoria Esportiva |
| 52 | 14 | 3 | 00:16:10.901 | 05:23 | 95 | F | Julianna Alves Spall Lopes | Ítalo Ribeiro Assessoria |
| 53 | 15 | 1 | 00:16:15.391 | 05:25 | 46 | F | Thaís Costa Da Silva | |
| 54 | 39 | 3 | 00:16:15.645 | 05:25 | 50 | M | Thomaz Friedhein Flores | |
| 55 | 16 | 2 | 00:16:17.388 | 05:25 | 34 | F | Jessica Michelin Belle | . |
| 56 | 17 | 4 | 00:16:22.384 | 05:27 | 96 | F | KATIULE PEREIRA MORAIS | Gofit Assessoria Esportiva |
| 57 | 40 | 1 | 00:16:22.641 | 05:27 | 220 | M | Henrique Dos Santos Ramos | Ítalo Ribeiro Assessoria |
| 58 | 18 | 5 | 00:16:26.635 | 05:28 | 99 | F | Luciana Bitencourt Da Silva | Pro Elite Assessoria Esportiv |
| 59 | 41 | 6 | 00:16:27.382 | 05:29 | 185 | M | Alexandre Gay De Lima | |
| 60 | 19 | 4 | 00:16:31.637 | 05:30 | 156 | F | Ana Laura Teichmann | Mulheres Que Correm |
| 61 | 20 | 6 | 00:16:55.397 | 05:38 | 106 | F | Tailani Padilha | |
| 62 | 21 | 3 | 00:16:57.898 | 05:39 | 119 | F | Aline Ehlers Lewandowski | Pro Elite Assessoria Esportiv |
| 63 | 42 | 9 | 00:16:58.644 | 05:39 | 153 | M | Pierre Cauduro Da Silva | Bufalos Team |
| 64 | 22 | 3 | 00:17:01.637 | 05:40 | 60 | F | Daniela Vilhalba | Claudio Amaral Veículos |
| 65 | 23 | 4 | 00:17:02.891 | 05:40 | 137 | F | Patricia Jacomine Castilhos | Pro Elite Assessoria Esportiv |
| 66 | 43 | 4 | 00:17:08.132 | 05:42 | 55 | M | William Cavichioli Rocha | |
| 67 | 44 | 5 | 00:17:09.398 | 05:43 | 86 | M | Rodrigo Ecke Da Silva | Ítalo Ribeiro Assessoria |
| 68 | 24 | 5 | 00:17:09.642 | 05:43 | 166 | F | Rachel Rocha | Gofit Assessoria Esportiva |
| 69 | 45 | 4 | 00:17:11.634 | 05:43 | 172 | M | Gerson Rafael Da Silva Machado | |
| 70 | 25 | 3 | 00:17:12.000 | 05:44 | 1 | F | Ana Julia Cezar De Quevedo | |
| 71 | 46 | 6 | 00:17:19.885 | 05:46 | 112 | M | Giuliano De Oliveira Fagundes | Ítalo Ribeiro Assessoria |
| 72 | 47 | 5 | 00:17:20.896 | 05:46 | 48 | M | Luis Arthur Dallabrida | |
| 73 | 26 | 5 | 00:17:27.145 | 05:49 | 136 | F | Marisandra Barbosa | CT Medianeira |
| 74 | 48 | 6 | 00:17:30.888 | 05:50 | 80 | M | Henrique Welter Azzi | Gofit Assessoria Esportiva |
| 75 | 27 | 2 | 00:17:48.885 | 05:56 | 179 | F | Mirian De Oliveira Silva | Ítalo Ribeiro Assessoria |
| 76 | 28 | 3 | 00:18:04.383 | 06:01 | 176 | F | Juselaine Casarin | |
| 77 | 29 | 4 | 00:18:06.160 | 06:02 | 72 | F | Taionara Gubiani Copetti | Pro Elite Assessoria Esportiv |
| 78 | 49 | 1 | 00:18:07.391 | 06:02 | 214 | M | Gentil Tonin | Gofit Assessoria Esportiva |
| 79 | 50 | 7 | 00:18:07.908 | 06:02 | 83 | M | Maico Dariva | Sesc |
| 80 | 30 | 5 | 00:18:10.637 | 06:03 | 66 | F | Mariana Kristosch Dos Santos | |
| 81 | 31 | 6 | 00:18:11.139 | 06:03 | 134 | F | Liana Bosholm Da Rosa | Fênix |
| 82 | 32 | 1 | 00:18:12.395 | 06:04 | 201 | F | Rosane Maria Flores Cardoso | Pro Elite Assessoria Esportiv |
| 83 | 33 | 7 | 00:18:18.137 | 06:06 | 104 | F | Priscilla Calvi Soares | Pro Elite Assessoria Esportiv |
| 84 | 34 | 6 | 00:18:19.138 | 06:06 | 63 | F | Luiza Vargas Eichelberger | |
| 85 | 35 | 7 | 00:18:34.640 | 06:11 | 129 | F | Elizandra Aparecida Oliveira De Figueiredo | Ítalo Ribeiro Assessoria |
| 86 | 36 | 8 | 00:18:35.139 | 06:11 | 133 | F | Lauren Rorato Gomes | Ítalo Ribeiro Assessoria |
| 87 | 37 | 3 | 00:18:39.388 | 06:13 | 26 | F | Ariella Benetti | |
| 88 | 51 | 7 | 00:18:42.136 | 06:14 | 184 | M | Aigusto Elias Penna E Souza | Ítalo Ribeiro Assessoria |
| 89 | 38 | 6 | 00:18:42.896 | 06:14 | 162 | F | Isabel Cristina Rodrigues | - |
| 90 | 39 | 7 | 00:18:44.652 | 06:14 | 168 | F | Tatiana Teixeira Dos Santos | Ítalo Ribeiro Assessoria |
| 91 | 40 | 4 | 00:18:46.904 | 06:15 | 6 | F | Laura Dalcin Rossato | Ítalo Ribeiro Assessoria |
| 92 | 41 | 9 | 00:18:47.400 | 06:15 | 118 | F | Aline Conceicao Dos Santos | Ítalo Ribeiro Assessoria |
| 93 | 42 | 10 | 00:18:48.153 | 06:16 | 141 | F | Sabrina Diniz Marques | Ítalo Ribeiro Assessoria |
| 94 | 52 | 2 | 00:18:48.658 | 06:16 | 221 | M | Leonardo Oliveira Alberto | |
| 95 | 43 | 11 | 00:18:49.424 | 06:16 | 125 | F | Cristiane Farias | Individual |
| 96 | 44 | 4 | 00:18:49.430 | 06:16 | 177 | F | Leonize Silva De Moraes | Bufalos Team |

1ª Rústica da Medianeira 2023

3KM - Distância Real: 3KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|---------------------------------|--------------------------------|
| 97 | 45 | 8 | 00:18:50.648 | 06:16 | 157 | F | Beatris Araujo Dos Santos | |
| 98 | 46 | 8 | 00:18:59.396 | 06:19 | 102 | F | Miria Da Silva | Gofit Assessoria Esportiva |
| 99 | 47 | 4 | 00:19:01.138 | 06:20 | 45 | F | Tarcieli Da Costa Martins | Individual (Sem Equipe) |
| 100 | 48 | 7 | 00:19:07.389 | 06:22 | 67 | F | Monique Daylla Kaufmann | Unidos Do Debug |
| 101 | 53 | 2 | 00:19:09.642 | 06:23 | 205 | M | Aderli Batista Fernandes Corrêa | Gofit Assessoria Esportiva |
| 102 | 49 | 5 | 00:19:10.143 | 06:23 | 37 | F | Larissa Pereira Franca | Pro Elite Assessoria Esportiva |
| 103 | 54 | 10 | 00:19:32.148 | 06:30 | 148 | M | Everton Fiuza De Vargas | |
| 104 | 50 | 5 | 00:19:33.146 | 06:31 | 10 | F | Marilise Da Costa Dreifke | |
| 105 | 51 | 8 | 00:19:35.399 | 06:31 | 69 | F | Paula Portella | Pro Elite Assessoria Esportiva |
| 106 | 52 | 12 | 00:19:38.899 | 06:32 | 144 | F | Vanessa Vitoria Ferrando | Pro Elite Assessoria Esportiva |
| 107 | 55 | 8 | 00:19:45.396 | 06:35 | 75 | M | Augusto Freitas Menezes | Gofit Assessoria Esportiva |
| 108 | 53 | 2 | 00:19:47.661 | 06:35 | 200 | F | Nilda Ferreira Guimaraes | Individual |
| 109 | 54 | 3 | 00:19:47.915 | 06:35 | 202 | F | Rosemere Ribeiro De Souza | Pulse Academia |
| 110 | 55 | 9 | 00:19:50.386 | 06:36 | 98 | F | Luana Brondani Costa | |
| 111 | 56 | 6 | 00:19:50.642 | 06:36 | 38 | F | MILENA ORTIZ | |
| 112 | 57 | 13 | 00:19:52.386 | 06:37 | 120 | F | Angelica Costa Zanini | Gofit Assessoria Esportiva |
| 113 | 58 | 7 | 00:19:54.643 | 06:38 | 40 | F | Rafaela Pohlmann Velasquez | Pro Elite Assessoria Esportiva |
| 114 | 59 | 14 | 00:19:55.889 | 06:38 | 139 | F | Patricia Gomes Schulz | Ítalo Ribeiro Assessoria |
| 115 | 60 | 5 | 00:19:55.890 | 06:38 | 183 | F | Angela Vianna Kusowski | Pro Elite Assessoria Esportiva |
| 116 | 61 | 9 | 00:20:03.142 | 06:41 | 57 | F | Ana Paula Ziegler Vey | Ítalo Ribeiro Assessoria |
| 117 | 62 | 10 | 00:20:04.143 | 06:41 | 100 | F | Marcia Baggio Avila | Ítalo Ribeiro Assessoria |
| 118 | 63 | 2 | 00:20:06.894 | 06:42 | 218 | F | Beatriz De Araujo Martins | Gofit Assessoria Esportiva |
| 119 | 64 | 10 | 00:20:10.390 | 06:43 | 68 | F | Patricia Lunardi Martins | |
| 120 | 65 | 8 | 00:20:16.149 | 06:45 | 39 | F | Natalia Dos Santos | |
| 121 | 66 | 6 | 00:20:19.378 | 06:46 | 174 | F | Cledir Marcia Segarra Silveira | Ítalo Ribeiro Assessoria |
| 122 | 67 | 15 | 00:20:23.146 | 06:47 | 142 | F | Tatiana Ferreira Da Fontoura | Ítalo Ribeiro Assessoria |
| 123 | 68 | 16 | 00:20:24.145 | 06:48 | 122 | F | Anna Paula Alves Spall | CT Medianeira |
| 124 | 69 | 3 | 00:20:27.893 | 06:49 | 216 | F | Laura Mello Martins | |
| 125 | 70 | 11 | 00:20:32.139 | 06:50 | 73 | F | Veronica Rubert Beck | Ítalo Ribeiro Assessoria |
| 126 | 71 | 9 | 00:20:37.402 | 06:52 | 155 | F | Claudia Lozza | Nenhuma |
| 127 | 72 | 17 | 00:20:40.431 | 06:53 | 143 | F | Tatiana Medianeira Pazzato | Fênix Go Running |
| 128 | 73 | 9 | 00:20:42.407 | 06:54 | 33 | F | Ivana Posser Giuliani | Ítalo Ribeiro Assessoria |
| 129 | 74 | 6 | 00:20:44.903 | 06:54 | 13 | F | Rauana Manara Danieli | Não Faço Parte |
| 130 | 75 | 10 | 00:20:45.657 | 06:55 | 43 | F | Sabrina Fava Crestani | CT Medianeira |
| 131 | 56 | 9 | 00:20:46.644 | 06:55 | 82 | M | Lucas Valcarenga E Lima | CT Medianeira |
| 132 | 76 | 11 | 00:20:49.637 | 06:56 | 31 | F | Fabiani De Vargas | CT Medianeira |
| 133 | 77 | 12 | 00:20:51.151 | 06:57 | 27 | F | Camila Da Silva Riterbusche | CT Medianeira |
| 134 | 57 | 7 | 00:20:53.895 | 06:57 | 114 | M | Jaderson Schimoia | |
| 135 | 78 | 18 | 00:20:56.640 | 06:58 | 127 | F | Daiane Pohlmann Velasquez | Pro Elite Assessoria Esportiva |
| 136 | 79 | 12 | 00:20:58.889 | 06:59 | 61 | F | Fernanda da Rosa dos Santos | Ítalo Ribeiro Assessoria |
| 137 | 80 | 13 | 00:21:03.143 | 07:01 | 29 | F | Daniela Nunes Castro | |
| 138 | 58 | 8 | 00:21:07.157 | 07:02 | 111 | M | Endrigo Aldori Goncalves Souza | Pro Elite Assessoria Esportiva |
| 139 | 81 | 11 | 00:21:10.887 | 07:03 | 97 | F | Laura Berriel Arruda Martins | CT Medianeira |
| 140 | 59 | 9 | 00:21:13.648 | 07:04 | 109 | M | Braian Schvarcz Adolfo | Ítalo Ribeiro Assessoria |
| 141 | 82 | 10 | 00:21:16.638 | 07:05 | 164 | F | Marielen Ardais | Gofit Assessoria Esportiva |
| 142 | 83 | 12 | 00:21:28.404 | 07:09 | 92 | F | Izabel Raddatz | Fênix |
| 143 | 84 | 19 | 00:21:29.402 | 07:09 | 131 | F | Greice Hubner Cabral Corso | |
| 144 | 85 | 7 | 00:21:29.900 | 07:09 | 182 | F | Vania Martins | |

1ª Rústica da Medianeira 2023

3KM - Distância Real: 3KM

| GERAL | SEXO | FAIXA | TEMPO | PACE | Nº | SEXO | NOME | EQUIPE |
|-------|------|-------|--------------|-------|-----|------|------------------------------------|--------------------------------|
| 145 | 60 | 2 | 00:21:32.640 | 07:10 | 209 | M | Eder Luis Rodrigues Peixoto | Sem Equipe |
| 146 | 86 | 13 | 00:21:32.651 | 07:10 | 103 | F | Patricia Cardoso Trauer | Ítalo Ribeiro Assessoria |
| 147 | 61 | 8 | 00:21:33.145 | 07:11 | 187 | M | Everton Revelante | Gofit Assessoria Esportiva |
| 148 | 87 | 20 | 00:21:34.147 | 07:11 | 121 | F | Anita Barragana | Ítalo Ribeiro Assessoria |
| 149 | 88 | 14 | 00:21:35.155 | 07:11 | 107 | F | Vanessa Pereira Sales | Gofit Assessoria Esportiva |
| 150 | 89 | 7 | 00:21:36.159 | 07:12 | 8 | F | Marcia Garcia Lara | Pulse |
| 151 | 90 | 15 | 00:21:38.148 | 07:12 | 93 | F | Joseane Cansian Severino | Gofit Assessoria Esportiva |
| 152 | 91 | 13 | 00:21:39.407 | 07:13 | 65 | F | MANOELA FONSECA LUDTKE TAGLIARI | |
| 153 | 92 | 14 | 00:21:39.658 | 07:13 | 59 | F | CRISTIANA BATISTA DE ALMEIDA | Ítalo Ribeiro Assessoria |
| 154 | 93 | 14 | 00:21:51.902 | 07:17 | 35 | F | Jessyca Ledesma Ribeiro | CT Medianeira |
| 155 | 94 | 8 | 00:22:00.143 | 07:20 | 181 | F | Telma Elaine Ferreira Rosa | Gofit Assessoria Esportiva |
| 156 | 95 | 16 | 00:22:00.144 | 07:20 | 105 | F | Sabrina Kluwe | Sem Equipe |
| 157 | 96 | 21 | 00:22:03.668 | 07:21 | 132 | F | Juliana Motta | Sem Equipe |
| 158 | 97 | 9 | 00:22:11.898 | 07:23 | 178 | F | Lucimar Martins Ferreira | Ítalo Ribeiro Assessoria |
| 159 | 98 | 11 | 00:22:13.141 | 07:24 | 160 | F | Francis Fabiane Rorato Saidelles | Ítalo Ribeiro Assessoria |
| 160 | 99 | 15 | 00:23:02.170 | 07:40 | 25 | F | Anna Luiza Da Costa Nepomuceno | |
| 161 | 62 | 6 | 00:23:06.143 | 07:42 | 53 | M | Vinicius Pires Kirchoff | CT Medianeira |
| 162 | 100 | 16 | 00:23:07.646 | 07:42 | 41 | F | Rafaella Kozoroski | |
| 163 | 101 | 1 | 00:23:11.147 | 07:43 | 213 | F | Noemi Carmen Zanini Cassanego | Aacsm |
| 164 | 102 | 8 | 00:23:19.889 | 07:46 | 5 | F | Juliana Abreu Dutra | Gofit Assessoria Esportiva |
| 165 | 63 | 10 | 00:23:21.397 | 07:47 | 79 | M | Guilherme Barichello | |
| 166 | 103 | 17 | 00:23:27.640 | 07:49 | 94 | F | Jozielen De Quadros Munitor | |
| 167 | 104 | 4 | 00:23:29.890 | 07:49 | 203 | F | Silvana Guerino | |
| 168 | 105 | 12 | 00:23:31.423 | 07:50 | 161 | F | Giuliana Bonella Barros | |
| 169 | 106 | 17 | 00:24:19.393 | 08:06 | 44 | F | Sabrina Rodrigues Caceres | Pro Elite Assessoria Esportiva |
| 170 | 107 | 9 | 00:24:47.394 | 08:15 | 7 | F | Laura Sousa Serpa | Crosslife 7 Setembro |
| 171 | 64 | 10 | 00:24:48.160 | 08:16 | 19 | M | Lucas Grigoletto Pereira | Gofit Assessoria Esportiva |
| 172 | 108 | 22 | 00:25:22.399 | 08:27 | 140 | F | Raquel Santos Pereira Job | Gofit Assessoria Esportiva |
| 173 | 109 | 5 | 00:26:18.652 | 08:46 | 196 | F | Jane Marce De Christo Hundertmarck | Pro Elite Assessoria Esportiva |
| 174 | 110 | 18 | 00:26:24.901 | 08:48 | 36 | F | Laiane Bastos De Avila | Pro Elite Assessoria Esportiva |
| 175 | 111 | 6 | 00:27:06.148 | 09:02 | 199 | F | Marilu Reis Hernandez | Corrida 3 Km |
| 176 | 112 | 18 | 00:27:33.398 | 09:11 | 89 | F | Andressa Bolzan Ribeiro | Gofit Assessoria Esportiva |
| 177 | 113 | 19 | 00:27:34.665 | 09:11 | 28 | F | Camila Einloft Lara | Gofit Assessoria Esportiva |
| 178 | 114 | 2 | 00:28:06.645 | 09:22 | 211 | F | Maria Luiza Sudati | Escola Eterno Aprendiz |